

CURRICULUM VITAE

Name: Helga
Surname: Stock
Phone: +49 152 - 0714 0739
email: helga.stock@me.com
Website/ Portfolio: www.steadicam-berlin.com
www.helgastock.com
Instagram: @_helgastock_
LinkedIn: <https://www.linkedin.com/in/helga-stock-25819614/>
Xing: https://www.xing.com/profile/Helga_Stock2/cv
Nationality: German
Date & place of birth: May 10th, 1978, Frankfurt am Main, Germany

EMPLOYMENT & WORK EXPERIENCE

Spring 2022: Relocation of Cinematography and Steadicam business to Berlin, Germany with own rig & various packages available

From 2018: Additional focus on full-service production of commercials and music videos, including writing scripts, pitching concepts, translating these into visuals, determining technical requirements, calculating and supervising budgets and timelines, liaising with freelance talent and crew and executing or supervising both shooting and postproduction

From 2017: First projects as steadicam operator, shooting commercials, music videos and TV series including projects for Nike and Netflix' "The Letter for the King"

From 2013: Freelance filmmaker and work in various camera crew positions for feature film, TV series and commercials in Germany, Austria and the Czech Republic

2006 - 2013: Story editor at ZDF German Television. This entailed creating concepts for a weekly 60-minute TV programme on a given topic, researching and structuring content, contacting and screening potential interviewees, commissioning short films on a variety of sub-topics and supervising their execution from the first concept to voice-over and final sound mixing. I also worked on programmes commissioned by fellow editorial members as a film author and video journalist, conceptualising short 2-7 minute sub-topic films, writing texts, planning and executing shoots and editing and delivering films as required

2003 - 2006: Executive assistant at ZDF, German Television. Trilingual position requiring a high

2001-2003: Freelance camera operator and assistant for television, industrial and image film

1998-2001: Various camera crew roles on promotional videos, commercials and events for CCS vent Agency & Studios, Frankfurt, Germany

HIGHER EDUCATION & FURTHER TRAINING

- 2019: Lighting workshop at Dedo Weigert, Munich, Germany
- 2015: ASC Masterclass, American Society of Cinematographers, Los Angeles
- 2015: ACES, Colour technology & HDR Workshop, Charles Poynton, DFFB Berlin
- 2013 - 2015: 2013 - 2015: MA Cinematography, FAMU, Academy of Arts and Music, Prague
- 2011: Video Journalist intensive Training (6 weeks) / ZDF
- 2009: Germany Intensive Camera Training Workshop / ZDF, Germany
- 2007: Dramaturgy & Editing
Story Planning for Film Authors
Texting for long Television Formats / all ZDF, Germany
- 2005: Camera Composition for Television Magazine Formats/ ZDF, Germany
- 1998 - 2001: BA (Hons) Media Studies, De Montfort University, Leicester, UK
Course selection: video production, journalism, analysis of the European television landscapes, public relations & media law, mass communication theory, history of film & television.

SKILLS & LANGUAGES

- Technical:
- Familiarity with ARRI, Panavision, RED, SONY and other professional cinema camera systems, camcorders, DSLR and action cameras
 - Operation of specialist equipment including steadicam on regular and action shoots, gear heads, remote heads with joystick or wheels, sliders, dolly, etc.
 - Lighting for fiction, documentary, commercial and other scenarios
- Production:
- Consultation, concept & script creation, storyboarding, planning, budgeting,
 - Pre-production: location scouting, equipment and crew hiring as needed
 - Production & Post: lighting, shooting/operating, editing, effects & final delivery
 - Experienced in directing talent as & when required
- Post-production:
- Editing & post production with Media Composer and Adobe Premiere Pro
 - Animation and effects & motion design with After Effects
 - Colour correction with DaVinci Resolve
- Languages:
- | | |
|---------------------|--------------------------------------|
| English & German | native speaker |
| French and Czech | fluent |
| Italian and Spanish | basic communication and conversation |